

ABSTRACT OF DISCLOSURE

An optical recording medium on which a header signal having multi-modulated header information is recorded, an apparatus and method of recording the header signal, and an apparatus and method of reproducing header information from the header signal of the optical recording medium which includes a wobbled track on which user data is recorded, and a header area in which a header signal having multi-modulated header information is recorded. Accordingly, the optical recording medium increases the recording density of header information, thereby providing a wider user data area.